# HUT Phase I teaches skills related to the following areas of a well-balanced adulthood:

#### PROFESSIONAL LIFE

#### **INTERPERSONAL SKILLS**

- FIRST IMPRESSIONS
- PROFESSIONAL CONTACT INFORMATION
- COMMUNICATION
- BUSINESS ATTIRE

### **EMPLOYMENT PREPARATION**

- CREATING A RESUME
- INTERVIEW SKILLS
- SEARCHING & APPLYING FOR JOBS

#### **DEVELOPING WORK ETHIC**

- TIME MANAGEMENT & PRIORITIZATION
- WORKING IN TEAMS
- HANDLING CORRECTION & FEEDBACK
- QUITTING A JOB GRACEFULLY

#### FINANCIAL LIFE

#### **MANAGING MONEY**

- BANKING BASICS
- BUDGETING
- SAVING
- TAXES

## BUILDING & USING CREDIT

- UNDERSTANDING CREDIT
- USING CREDIT
- PREDATORY FINANCES

#### **PERSONAL LIFE**

#### **ENGAGED CITIZENSHIP**

- BECOMING AN EDUCATED VOTER
- ACTIVE ADVOCACY
- COMMUNITY RESOURCES
- VOLUNTEERISM

#### **EMBRACING DIVERSITY**

- UNDERSTANDING DIVERSITY
- FRIENDSGIVING

#### **MENTAL HEALTH**

 BEING AWARE OF YOUR MENTAL HEALTH

#### **HUT LIFE**

#### **WELCOME TO HUT**

- UNDERSTANDING HUT & PHASE 1
- GUEST SPEAKER ETIQUETTE

#### **CORE VALUES**

- HIGHER ACRONYM
- SELF ADVOCACY
- HUT TALKS
- COMMUNITY BUILDING

**CRITICAL THINKING** 

**GOAL SETTING** 

### SPECIAL EVENTS AND PARTIES

- SECOND SEMESTER SEND-OFF
- GRADUATION CELEBRATION

#### **HUT PHASE 2**

 UNDERSTANDING & TRANSITIONING INTO PHASE 2

### HIGHER UP®

TFXAS